



Founded 1928

President: Mrs. Pat Hill

KCA MATTERS

THE KENT CYCLING ASSOCIATION NEWSLETTER

EDITORIAL

Welcome to the first edition of KCA Matters, the Kent Cycling Association's Newsletter.

Following a general discussion at last month's Annual General Meeting it became apparent that many of the riders who regularly race in Kent are still fairly ignorant about the KCA and what we are about. So it was agreed that we should raise our profile in 2005 and endeavour to be more communicative to our member clubs. To this end, I plan to issue regular editions of KCA Matters throughout the racing months to let everyone know what is going on within the Association.

To eliminate the high cost of postage, distribution of KCA Matters will mostly be by e-mail, with a hard copy being posted to the General Secretary of each of our member clubs. I also plan to make a supply available at our Open Events. Future issues will contain race results and reports, up-to-date BAR placings and other pertinent Association matters.

Here is a brief résumé of our activities in 2005

Time Trial Programme

We are promoting our usual programme of 9 Open Events this year commencing with our traditional season opener, the 3-up on Harrietsham, on 20 March.

Best All Rounder Competitions

In addition to our own promotions there are a number of non-Association events that qualify for our BAR Competitions. A full list of qualifying events can be found on page 4.

Time Trial League

After three years at the helm Alan Hill has stepped down as the League co-ordinator in 2005 and Carl Bradford (Kent Cycles RC) and Peter Elms (Gemini BC) have taken up the challenge. The rules have been tweaked slightly for this year and we sincerely hope that the League will go from strength to strength in 2005. An Entry Form can be found on page 7.

More information about the KCA can be found on our website: www.kentcycling.org.uk

John Clegg
Time Trial Secretary
01634 868543
john.clegg@xchanging.com

CONTENTS

Review of 2004	Page 2
2005 Time Trial Programme	Page 3
Subscriptions	Page 3
Best All Rounder Competitions	Page 4
Time Trial Records	Page 5
2004 Time Trial League - Results	Page 5
2005 Time Trial League - Rules	Page 6
2005 Time Trial League - Entry Form	Page 7

RACING REPORT - 2004

Whilst entries in most of our events followed the national decline we did see the emergence of some fresh new talent in this year's competitions. Top of the list is Keir Williams and what an excellent season he has had. As well as his runaway win in the Senior BAR, he also won several awards in the individual events and Keir is our most prolific medal winner this year. The consistent Barry Charlton also had a good season, giving San Fairy Ann CC a 1-2 in the Senior BAR.

Another new name on the BAR scene this year is Mark Abela. Better known as a roadman in previous years, Mark was involved in a few crashes and close calls last season. So he decided to opt for the more "sedate" world of time-trialling in 2004 and his efforts were rewarded with third place in the BAR.

The role-call of Kent riders who have recorded a sub-four hour 100 on local roads is relatively small. But Garry Banfield has added his name to this illustrious list and what is even more remarkable is that Garry only made his debut in an open time trial in May this year. Novice to sub-four in just two months is a feat that few men have equalled.

A special mention goes to Phil Bull. This is Phil's comeback year after being involved in a very serious accident 13 years ago. From the start of the season, when he took a silver medal in the 3-up, he has gone from strength to strength. With a record win in the Short Distance BAR Phil becomes the first recipient of a brand new trophy for this Competition, kindly donated by Paul Mephram. And in the individual events he has found success in the scratch, veteran's and team categories this year.

With Carole away on "National" duty for most of the season, it gave some of our lesser lights a chance to shine in the Ladies competitions and following her consistent riding throughout the season Carolyn Hawkes emerges as our ladies Champion.

Top Veteran's honour goes to Barry Charlton from John Booty, with the evergreen Alec Mayes in 3rd place. John Booty led his Wigmore team of John Bishop and Clinton Maisey to success in the Team BAR.

Further success came to San Fairy Ann CC when they broke the team record twice in the May 50. First Keir Williams, Garry Banfield and Gary Chalkley set a new record of 5.57.39. This stood for a little over 20 minutes until Barry Charlton finished and updated the record by a further 2m 57s.

On a National level, Carole Gandy's remarkable season has already been well documented in the cycling press. Following a gold medal in the Ladies National 100, Carole went on to take the Ladies BAR. A truly memorable achievement. In his last season as a Junior, Karl Strugnell also enjoyed success at National level with a win in the League International Junior Time Trial. And so good was his ride in that event it also earned Karl the gold medal in the Senior competition.

Finally a word of praise to our un-sung heroes - the event promoters. Without these stalwarts there would be no time trial season and no awards ceremony. In today's climate it is becoming increasingly difficult to find event promoters and I am sure that you will agree that they all do a first rate job.

So enjoy your social season and I look forward to seeing you all out and about in 2005.

John Clegg

2005 TIME TRIAL PROGRAMME

Cat	Date	Event	Course	Start	Event Secretary
A	20 Mar	25 (3-up TTT)	Q25/20	8.00	Ray Whibley, 9 Elm Grove, Maidstone, Kent, ME15 7RT. 01622 206364
B	17 Apr	25 Open	Q25/8	7.00	Dave Saffrey, c/o 16 Meadow Road, Margate, Kent, CT9 5JJ. 01843 571729
A	01 May	10	Q10/22	7.00	Graeme Moir, East View, Crutches Lane, Higham, Rochester, Kent ME2 3UH. 01634 712278
A	12 Jun	50 (incorporates TA)	Q50/12	6.00	Andy Laing, 109 Milton Road, Swanscombe, Kent, DA10 0LS. 01322 387764
B	26 Jun	100 Open (incorporates TA and tandems)	Q100/5	6.00	John Clegg, 13 Quickthorn Crescent, Chatham, Kent, ME5 0TL. 01634 868543
A	16 Jul	10 (incorporates GHS)	Q10/33	14.30	Richard Simmonds, 27 Clarence Road, Chatham, Kent, ME4 5EJ. 01634 814894
B+ T	14 Aug	12-hour Open (incorporates TA and tandems)	Q12/12	6.00	Mrs. Esther Carpenter, 10 Maplehurst Road, Baldslow, St. Leonard's on Sea, E. Sussex, TN27 7NA. 01424 751581
B+ T	21 Aug	Roy Enfield 50 Open (incorporates tandems)	Q50/1	7.00	John Clegg, 13 Quickthorn Crescent, Chatham, Kent, ME5 0TL. 01634 868543
A	25 Sep	25	Q25/11	7.30	Ian Ferrell, 7 John Tapping Close, Walmer, Deal, Kent CT14 7QY. 01304 367325
	09 Oct	Hill Climb (Wigmore CC)	QHC/11	10.30	Doug Laidlow, 17 Fen Road, Little Hale, Sleaford, Lincolnshire, NG34 9BD. 01529 461018

Events marked B are open to members of non-Affiliated Clubs

Entry Fees (including the Hill Climb)

All solo entries:	£ 6.50
All tandem entries	£13.00
3-up 25	£19.50 per team
12-hour	£ 9.50 solo and £19.00 tandem

SUBSCRIPTIONS

2005 Subs are now due and should be paid to our Treasurer (David Mackey, 24 Forest Drive, Walderslade, Chatham, Kent, ME5 9PD). The amount is unchanged at £12.50.

In view of the increasing concern regarding insurance in CTT events the KCA Committee have ruled that **absolutely no rider** will be allowed to compete in any of our Association events if their club has not paid their subscriptions.

BEST ALL ROUNDER COMPETITIONS

SENIOR

Qualification

The best average, calculated at miles per hour, over 25 miles, 50 miles, 100 miles and 12 hour.

Qualifying events

Distance	Date	Event	Course	
25	17 April	Kent CA	Q25/8	(Molash)
50	12 June	Kent CA	Q50/12	(Lydd)
25	03 July	VTTA, Kent Group	Q25/11	(Thanet Way)
100	26 June	Kent CA	Q100/5	(Kingsnorth)
100	10 July	East Sussex CA	G100/86	(Berwick, Sussex)
12 hour	14 August	Kent CA	Q12/12	(Bethersden)
50	21 August	Kent CA	Q50/1	(Harrietsham)
25	04 September	VTTA, Kent Group	Q25/12	(Lydd)
50	18 September	VTTA, Kent Group	Q50/12	(Lydd)
25	25 September	Kent CA	Q25/11	(Thanet Way)

THREE DISTANCE AND LADIES

Qualification

The best average, calculated at miles per hour, over 10 miles, 25 miles, 50 miles.

Qualifying events

Distance	Date	Event	Course	
25	17 April	Kent CA	Q25/8	(Molash)
10	01 May	Kent CA	Q10/22	(Harrietsham)
50	12 June	Kent CA	Q50/12	(Lydd)
25	03 July	VTTA, Kent Group	Q25/11	(Thanet Way)
10	16 July	Kent CA	Q10/33	(Leigh Green)
10	23 July	VTTA, Kent Group	Q10/30	(Thanet Way)
10	06 August	VTTA, Kent Group	Q10/22	(Harrietsham)
50	21 August	Kent CA	Q50/1	(Harrietsham)
25	04 September	VTTA, Kent Group	Q25/12	(Lydd)
50	18 September	VTTA, Kent Group	Q50/12	(Lydd)
25	25 September	Kent CA	Q25/11	(Thanet Way)

VETERANS

Qualification

The best average, calculated on age standard at miles per hour, over 25 miles, 50 miles, 100 miles and 12 hour.

Qualifying events

Same as Senior BAR.

ASSOCIATION TIME TRIAL RECORDS

	10 miles	25 miles	50 miles	100 miles	12 hour
Mens Individual	20.36	53.48	1.47.53	3.43.27	273.324
Mens Team of 3	1.04.37	2.45.16	5.54.42	11.32.19	783.550
Ladies Individual	23.19	1.01.13	2.08.47	4.12.11	228.905
Ladies Team of 2	50.18	2.15.58			
Junior Individual	21.29	58.30	2.09.24		
Junior Team of 3	1.10.08	3.12.48			
Juvenile Individual	22.22	59.50			
Juvenile Team of 3	1.10.47	3.36.52			

2004 TIME TRIAL LEAGUE RESULTS

Scratch Competition

1	Keir Williams	813
2	Paul Burrows	808
3	Paul Hayes-Watkins	802
4	Garry Banfield	801
5	Phil Bull	800
6	John Booty	799
7	Chris Bax	795
8	Gary Birch	793
9	Peter Elms	775

The following did not complete the 10 qualifying events

Phil Saynor	760
Carl Bradford	690
Christopher Parlett	475
Carole Gandy	466
Gary Chalkley	461
Gregory French	455
Derek Howlett	312
John Hawkridge	152

Veteran's Competition

1	John Booty	820
2	Jim Davey	808
3	Phil Bull	805
4	Ernie Mackey	798
5	Chris Bax	796
6	Colin Inett	788
7	John Clegg	784
8	Dave Wright	783
9	Andy McCall	775
10	Peter Haswell	758
11	Carolyn Hawkes	747
12	Terry Fearn	739

The following did not complete the 10 qualifying events

Phil Saynor	750
Dave Mastin	686
Carole Gandy	480
Les Hayman	471
Clinton Maisey	470
Colin Marshall	450
Richard Simmonds	361
Ivor Hickman	235
Theo Stegers	234
Geoff Newsome	157
John Hawkridge	147
Les Beautridge	80

TIME TRIAL LEAGUE 2005

Following the running of this League since 2002 we decided to make some changes to make the Competition more attractive for riders to enter. All entrants for 2004 received prize money and we hope to increase the number of entries for 2005. The league will be run this year by Peter Elms and Carl Bradford.

THE NEW FORMAT FOR 2005

Riders to ride a minimum of 10 rides to qualify

A maximum of five 10 miles or less to count.

One ride of 50 miles or over to count.

No bonus points for any events.

Two separate leagues for Seniors and Veterans on Age Standard.

BUT Veterans will have the option to enter either the Veterans' Competition, the Seniors', or both (entering both will require an Entry Fee of £10.00).

There will be a fixed first prize of £50.00 for the winner of these Leagues and the remaining prize fund will be a mixture of cash and prizes to be distributed at the KCA dinner. A minimum of 5 Ladies, Espoirs, Juniors or Juveniles would be required for separate prize awards. In the event of a tie between two or more riders, positions will be decided on the total number of points earned throughout the season.

2005 Awards list

1st Senior/Vet on scratch.

1st Vet on Age Standard

1st Lady/Junior

1st Team (overall team of three riders)

1st Vets Team (overall team of two riders)

Depending on the number of entries, awards also for group categories to be introduced.

Sprint competition for 10's and 25's

The KCA email address will be cbradford@scottishlife.co.uk. Event Organisers who have this facility can mail him the result sheet by this method so we can provide a monthly update bulletin.

An entry form appears on the next page and we would appreciate it if you could publicise this within your Club, as the reason the League was formed was to promote "Time Trialling in Kent" and the more entries we get will obviously increase the Prize Money and make a success of this Competition and secure it for the future.

KENT TIME TRIAL LEAGUE 2005

To Peter Elms, League Co-ordinator
47 Woodlea, Leybourne, West Malling, Kent ME19 5QY
Email: cbradford@scottishlife.co.uk

Please enter me for the League in 2005.

Seniors £5.00; Veterans £5.00; Ladies £5.00; Junior FREE.

Please note option for Veterans to enter either or both (If both entered fee is £10.00)

Name:.....

Address:.....

.....

Phone.....E Mail.....

(Monthly updates by email only)

Entry is for Senior/Veteran/both (Please delete as applicable) Fee enclosed £.....

Club.....Date of Birth.....

Signature.....Date.....

Personal Best's (Kent "Q" Course's only)

Distance	Time	Course	Date
10			
25			
50			
100			
12 Hour			